

## SUMMER WORKSHOP

# Contemplative Environmental Practice

Retreat for Educators & Activists

**July 24 – July 30, 2018**

Lama Foundation, San Cristobal, New Mexico

Cost: \$1050 (includes everything) \*\*Need based scholarships available\*\* (Graduate students: \$880)



This summer, deepen your commitment to environmental education and action. [Contemplative Environmental Practice](#) is a week-long workshop for educators and activists that explores how reflective practices—such as meditation, yoga, journal writing, art, and nature walks—can enhance our teaching and advocacy efforts.

Set in the mountains of New Mexico, we will probe the depths of environmental challenges, strengthen the connection between our personal and professional lives, and undertake contemplative practices that facilitate self-inquiry, pedagogy, and meaningful activism.

The workshop will take place at the [Lama Foundation](#), an off-grid retreat center that draws its power from the sun, water from a spring, and much of its food from its organic gardens. Surrounded on three sides by the Carson National Forest, Lama is an ideal place to integrate our deepest spiritual yearnings with our professional and personal environmental commitments.

No prior experience in meditation or other contemplative practices is necessary.

### **Faculty:**

Paul Wapner, Professor of Global Environmental Politics, American University  
Kritee (Kanko), Scientist, Activist, Zen Teacher, Environmental Defense Fund  
Jeff Warren, Author and Meditation Instructor

For more information: <http://earthlovego.org>

Sponsors: American University's Global Environmental Politics Program. Association for Contemplative Mind in Higher Education, Consciousness Explorers Club, Earth-Love-Go, iBme, and RE-volv.